AUGUST 2026 MENU

This menu meets the nutritional guidelines required by the Kansas Department of Aging & Disability Services (KDADS).

Monday	Tuesday	Wednesday	Thursday	Friday
3 **POLISH SAUSAGE W/BUN** **SAUERKRAUT** **POTATO WEDGE** **PEAS W/PEARL ONIONS** **FRUIT/MILK**	**4** **FRIED CHICKEN** **MASHED POTATOES** **COUNTRY GRAVY** **VEGETABLE BLEND** **WHEAT ROLL** **COOKIE/MILK**	**5** **BEEF N NOODLES** **MASHED POTATOES** **COUNTRY GREEN BEANS** **WHEAT ROLL** **CHERRY PIE/MILK**	**6** **SWISS STEAK** **AU GRATIN POTATOES** **SWEET CARROTS** **WHEAT ROLL** **MANDARAIN** **ORANGES/MILK**	**7** **BROC & CHEESE SOUP** **BAKED POTATO W/SC** **WHEAT CRACKERS** **SALAD W/DRESSING** **FRUIT CRISP** **MILK**
10 **COUNTRY FRIED STEAK** **MASHED POTATOES** **W/COUNTRY GRAVY** **VEGETABLE BLEND** **WHEAT BREA** **JELLO/MILK**	**11** **GOULASH** **SIDE SALAD/DRESSING** **COUNTRY GREEN BEANS** **GARLIC BREAD** **APPLE PIE/MILK**	**12** **CHEESEBURGER W/BUN** **BAKED BEANS** **MAC AND CHEESE** **RELISH PLATE** **COOKIE/MILK**	**13** **CHILI DOG W/BUN** **SOUTHWEST PASTA** **COLESLAW** **COOKIE** **FRUIT CUP** **MILK**	**14** **COD** **POTATO WEDGES** **VEGETABLE BLEND** **CORNBREAD** **PUDDING** **MILK**
17 **MCRIB** **FRIED RICE** **WINTER BLEND** **WHEAT BREAD** **FRUIT PIES/MILK**	**18** **CHICKEN LEG QUARTERS** **RED POTATOES** **VEGETABLE BLEND** **WHEAT ROLL** **JELLO CAKE/MILK**	**19** **CHILI** **CRACKERS/CHEESE** **CARROTS/CELERY** **CINNAMON ROLL** **MILK**	**20** **SWEDISH MEATBALLS** **AU GRATIN POTATOES** **VEGETABLE BLEND** **WHEAT ROLL** **FRUIT CRISP** **MILK**	**21** **CATFISH** **BABY BAKERS** **CARROTS** **HUSHPUPPIES** **AMBROSIA** **MILK**
24 **MEATLOAF** **MASHED POTATOES** **W/BROWN GRAVY** **COUNRY GREEN BEANS** **WHEAT BREAD/BUTTER** **APPLE/MILK**	**25** **CHICKEN ENCHILADAS** **CHIPS & SALSA** **CORN** **SOUR CREAM** **JELLO/MILK**	**26** **CHEF SALAD** **TOMATOES/CUCUMBERS/** **CHEESE/EGG/HAM** **CROUTONS/DRESSING** **WHEAT CRACKERS** **COOKIE** **FRUIT CUP/MILK**	**27** **BREADED PORK CHOP** **BABY BAKERS** **PEAS & CARROTS** **WHEAT ROLL** **PIE/MILK**	**28** **TURKEY & CHEESE HOAGIE** **RELISH PLATE** **CHIPS** **COLESLAW** **PUDDING/MILK**
31 **TUNA SALAD W/CROISSANT** **PASTA SALAD** **PICKLE SPEARE** **TOMATO SLICES** **COTTAGE CHEESE** **PINEAPPLE/MILK**			**Troy-785-985-2296** **Highland-442-5550** **Elwood-913-365-2409** **Wathena-785-989-3501**	**A donation of $5.00 is requested if you are over 60. If you are under 60, please pay $9.00, the actual cost of the meal.**