

### MARCH 2025 MENU

This menu meets the nutritional guidelines required by the Kansas Department of Aging & Disability Services (KDADS).

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> FRIED CHICKEN MAC AND CHEESE PEAS BROCCOLI SALAD WHEAT ROLL FRUIT CUP/MILK	<b>4</b> MEATLOAF MASHED POTATOES GRAVY VEGETABLE BLEND WHEAT ROLL COOKIE/MILK	<b>5</b> BROCC AND CHEESE SOUP BAKED POTATO/SC SIDE SALAD/DRESSING WHEAT CRACKERS FRUIT CUP MILK	<b>6</b> CHICKEN POT PIE FILLING BISCUIT CEASAR SALAD/DRESSING CHERRY PIE/MILK	<b>7</b> TUNA SALAD W/CROISSANT TOMATO SLICES COTTAGE CHEESE PINEAPPLE/MILK
<b>10</b> CHICKEN SANDWICH W/BUN RELISH PLATE POTATO WEDGES BAKED BEANS FRUIT/MILK	<b>11</b> SWISS STEAK MASHED POTATOES GRAVY CORN WHEAT ROLL FRUIT CRISP MILK	<b>12</b> GOULASH SIDE SALAD/DRESSING GREEN BEANS GARLIC BREAD PUDDING MILK	<b>13</b> CHILI DOG W/BUN CHIPS CUCUMBER ONION SALAD APPLESAUCE MILK	<b>14</b> TUNA NOODLE CASSEROLE SIDE SALAD/TOMATOES DRESSING BROCCOLI WHEAT ROLL AMBROSIA MILK
<b>17</b> CORNBEEF N CABBAGE GOLDEN CORNBREAD LEPRECHAUN CARROTS LUCKY JELLO CAKE MILK	<b>18</b> SLOPPY JO W/BUN GREEN BEANS MAC & CHEESE FRUIT CUP MILK	<b>19</b> CHEF SALAD/HAM/EGG/ CUCUMBERS/CHEESE/ TOMATO/CROUTONS PIE FRUIT/MILK	<b>20</b> COUNTRY FRIED STEAK MASHED POTATOES GRAVY PEAS & CARROTS WHEAT ROLL JELLO/MILK	<b>21</b> FRIED COD AU GRATIN POTATOES VEGETABLE BLEND CORNBREAD FRUIT CUP/MILK
<b>24</b> POLISH SAUSAGE W/BUN SAUREKRAUT VEGETABLE BLEND CUBED POTATOES COOKIE/FRUIT MILK	<b>25</b> CHICKEN NOODLE SOUP SIDE SALAD W/ TOMATO CROUTONS/CHEESE DRESSING CORNBREAD CAKE/MILK	<b>26</b> BEEF N NOODLES MASHED POTATOES CARROTS WHEAT ROLL FRUIT/MILK	<b>27</b> CHILI CRACKERS/CHEESE CARROTS/CELERY CINNAMON ROLL MILK	<b>28</b> POPCORN SHRIMP COCKTAIL SAUCE POTATO WEDGE COLESLAW WHEAT ROLL COOKIE/FRUIT MILK
<b>31</b> BISCUIT & GRAVY SAUSAGE HASHBROWN CINNAMON ROLL MIXED FRUIT/MILK			A DONATION OF \$5.00 is Requested if over 60 if Under 60 please pay \$7.00 The actual cost of the meal	PIONEER CENTER 985-2296 KEENAGE CENTER 989-3501 HIGHLAND CENTER 442-5550 ELWOOD CENTER 913-365-2409