

## JANUARY 2025 MENU

This menu meets the nutritional guidelines required by the Kansas Department of Aging & Disability Services (KDADS).

Monday	Tuesday	Wednesday	Thursday	Friday
Pioneer Center-985-2296 Keenage Center-989-3501 Highland-442-5550 LEISURE HOUR- 913-365-2409	A DONATION OF \$5.00 is Requested if over 60 if Under 60 please pay \$7.00 The actual cost of the meal	1  <b>NO MEAL</b>	2 LENTIL RED & VEGETABLE SOUP TOSSED SALAD W/DRESSING CRACKERS/CHEESE ICE CREAM/PINEAPPLE MILK	3 CHEF SALAD/TURKEY/EGG CUCUMBER/TOMATO/CHEESE CROUTONS/DRESSING CAKE/FRUIT MILK
6 COUNTRY FRIED STEAK MASHED POTATOES GRAVY VEGETABLE BLEND WHEAT ROLL JELLO/MILK	7 CHICKEN & NOODLES MASHED POTATOES GREEN BEANS ROLL COOKIE/ICE CREAM MILK	8 CHILI CARROTS/CELERY CHEESE/W. CRACKERS CINNAMON ROLL FRUIT/MILK	9 PULLED PORK W/BUN BBQ SAUCE/PICKLE CHIPS COLESLAW APPLESAUCE/MILK	10 TUNA SALAD W. CRACKERS COTTAGE CHEESE TOMATO SLICES FRUIT CRISP/MILK
13 SWISS STEAK AU GRATIN POTATOES CREAM PEAS WHEAT BREAD MIXED FRUIT/MILK	14 POPCORN SHRIMP POTATO WEDGE COLESLAW BISCUIT W/HONEY AMBROSIA/MILK	15 MCRIB CORN BROCCOLI SALAD WHEAT ROLL JELLO CAKE/MILK	16 CHICKEN SANDWICH RELISH PLATE POTATO SALAD SIDE SALAD/ DRESSING FRUIT/MILK	17 CHILI DOG W/BUN CHIPS COLESLAW STRAWBERRY SHORTCAKE MILK
20  <b>NO MEAL</b>	21 MEATLOAF MASHED POTATOES W/GRAVY GREEN BEANS WHEAT ROLL PIE/MILK	22 BROCCOLI & CHEESE SOUP BAKED POTATO W/SC CRACKERS FRUIT COBBLER MILK	23 BISCUITS & GRAVY HASHBROWN SAUSAGE CINNAMON ROLL MILK	24 HAM SALAD W/CROISSANT TOMATO SLICES POTATO SALAD BROCOLLI SALAD MIXED FRUIT/MILK
27 CATFISH AU GRATIN POTATOES CORN CORNBREAD FRUIT/MILK	28 TOMATO SOUP BAKED POTATO W/SC CRACKERS/CHEESE SIDE SALAD W/ DRESSING FRUIT/MILK	29 BEEF & NOODLES MASHED POTATOES BEETS WHEAT ROLL PIE/FRUIT/MILK	30 FRIED CHICKEN MAC & CHEESE GREEN BEANS WHEAT ROLL PIE/FRUIT/MILK	31 POLISH SAUSAGE W/BUN POTATO WEDGE COLESLAW COOKIE/FRUIT/MILK