

July 2023

<p>3 TACO SALAD BEEF/CHEESE/LETTUCE/ TOMATOES/SC APPLE CRISP</p>	<p>4 NO Meals</p>	<p>5 CHILI CARROTS/CELERY CINNAMON ROLL FRUIT CUP</p>	<p>6 BBQ CHICKEN LEG HASHBROWN CASSEROLE CARROTS ROLL FRUIT CUP</p>	<p>7 CATFISH POTATO SALAD BROCCOLI SALAD PIE/ ORANGE</p>
<p>20 HAM SALAD W/CRACKERS POTATO SOUP BROCCOLI COOKIE/FRUIT CUP</p>	<p>11 CHICKEN FRIED CHICKEN MASHED POTATOES W/GRAVY GREEN BEANS ROLL/JELLO CAKE</p>	<p>12 BEEF STEW BISCUIT W/HONEY TOSSED SALAD/DRESSING FRUIT/COOKIE</p>	<p>13 PULLED PORK W/BUN CHIPS COLESLAW BB MUFFIN/FRUIT CUP</p>	<p>14 POLISH SAUSAGE W/BUN BAKED BEANS BRUSSEL SPOUTS COOKIE/FRUIT CUP</p>
<p>17 BISCUIT & GRAVY SAUSAGE HASHBROWN APPLE CRISP</p>	<p>18 CHEF SALAD TOMATOES/EGGS/HAM/ CROUTONS/CUCUMBERS/ CHEESE BROC & CHEESE SOUP/FRUIT</p>	<p>19 SLOPPY JO W/BUN BAKED BEANS POTATO SALAD COOKIE/FRUIT</p>	<p>20 COUNTRY FRIED STEAK BAKED POTATO/SC SWEET CARROTS ROLL/FRUIT CRISP</p>	<p>21 CHICKEN SALAD TOMATO SLICES COTTAGE CHEESE FRUIT/COOKIE</p>
<p>24 GJULASH GREEN BEANS TOSSED SALAD/DRESSING GARLIC TOAST CAKE</p>	<p>25 BAKED CHICKEN SWEET POTATOES CABBAGE CORNBREAD FRUIT CRISP</p>	<p>26 MEATLOAF BAKED POTATO/SC CARROTS ROLL FRUIT CUP</p>	<p>27 BBQ MEATBALLS MAC & CHEESE BRUSSEL SPROUTS ROLL PUDDING CUP/FRUIT CUP</p>	<p>28 TUNA SALAD W/CROISSANT COLESLAW POTATO SALAD FRUIT CUP/COOKIE</p>
<p>31 Chili Dogs Potato chips Corn on cob Fruit/Cookies</p>	<p>HIGHLAND 442-5550 TROY 985-2296 WATHENA 989-3501 ELWOOD 365-2409</p>			