

# National Weather Service Kansas



## Disaster Kit

[www.weather.gov](http://www.weather.gov)

### Are you ready?

When disaster strikes, it pays to be prepared. Having a disaster kit prepared will save you time and could save your life. A disaster kit should be in your *designated shelter* and it would also be helpful to have a *smaller version in a small backpack or other containers that are easily carried if you need to evacuate your home*. Disaster kits should be reviewed annually to be kept up-to-date with your family's needs. Items in your kit should include, but are not limited to:

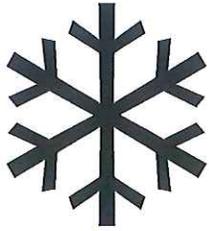
#### Staple Items

- 3 day supply of water (1 gallon per person per day)
- 3 day supply of nonperishable, ready to eat food items and manual can opener
  - high energy foods, e.g. peanut butter
  - juices, dried milk
  - sugar, salt, pepper
- First Aid Kit (see list for individual items)
- Flashlight and extra batteries, or ones that generate their own energy by shaking them
- Battery operated or Hand Crank radio
  - NOAA All-Hazard Weather Radio
- Clothing— Think about the climate: warm and/or cool season clothes
- Shoes
- Sanitation and hygiene items (such as hand sanitizer, moist towelettes, and toilet paper)
- Matches in waterproof container
- Whistle
- Blankets
- Other tools (e.g. hammer, pliers)
- Cash and coins
- Photocopies of important documents, personal ID's and credit cards
- Baby needs
- Special Needs
  - Prescription medications, eye glasses,
  - Contact lens solution, etc.
- Games to pass the time (e.g. cards)
- Pet food and extra water

**BE  
PREPARED**

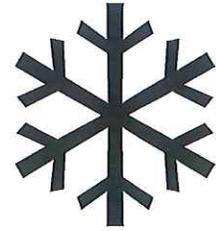
#### First Aid Kit

- Sterile adhesive bandages in assorted sizes
- 2-inch and 4-inch sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors & tweezers
- 2-inch and 3-inch sterile roll bandages
- Waterless alcohol-based hand sanitizer
- Antiseptic wipes
- Petroleum jelly or other lubricant
- Latex gloves
- Anti-bacterial ointment
- Aspirin or non-aspirin pain reliever
- Antacid (for upset stomach)
- Cold pack
- CPR breathing barrier, such as a face shield
- Assorted sizes of safety pins



# Winter Disaster Kit

## Winterizing your Disaster Kit

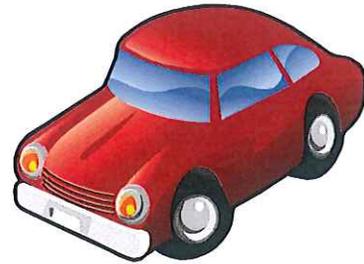


If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person to add to your Disaster Kit.

- Jacket or Coat
- Long pants and long sleeve shirt
- Sturdy Shoes
- Hat, Mittens, and Scarf
- Sleeping Bag or Warm Blanket
- Extra Blankets
- Lantern or Flashlight

## A Disaster Kit for your Vehicle

You may be in your vehicle when disaster strikes, or possibly stuck in your vehicle in a summer/winter environment. Below are a few items that you should keep in your car as part of your Vehicle Disaster Kit.



- |   |  |
|---|--|
| <input type="checkbox"/> Flashlight and extra batteries | <input type="checkbox"/> Booster/Jumper cables                     |
| <input type="checkbox"/> Maps                           | <input type="checkbox"/> Air pump                                  |
| <input type="checkbox"/> Small First Aid Kit            | <input type="checkbox"/> Flares                                    |
| <input type="checkbox"/> White Distress Flag            | <input type="checkbox"/> Bottled water                             |
| <input type="checkbox"/> Tire Repair kit                | <input type="checkbox"/> Non-perishable foods such as granola bars |

### Winter supplies

- Blanket or Sleeping Bag
- Hat and Mittens
- Shovel
- Sand Bags
- Tire Chains
- Windshield Scraper
- Florescent Distress Flag

### Summer Supplies

- Sunscreen
- Shade Item (umbrella or wide brimmed hat)
- Bug spray