

APRIL 2026 MEALS ON WHEELS MENU

This menu meets the nutritional guidelines required by the Kansas Department of Aging & Disability Services (KDADS).

Monday	Tuesday	Wednesday	Thursday	Friday
Pioneer Center-985-2296 Keenage Center-989-3501 Highland-442-5550 LEISURE HOUR- 913-365-2409	A donation of \$5.00 is requested if over 60. If you are under 60, please pay \$9.00, the actual cost of the meal.	1 CLAM CHOWDER BISCUIT SIDE SALAD W/DRESSING TOMATOES COOKIE/FRUIT/MILK	2 CHEF SALAD/TURKEY/EGG CUCUMBER/TOMATO/ CHEESE/WHEAT CRACKERS CROUTONS/DRESSING CAKE/FRUIT MILK	3 NO MEAL
6 CHICKEN POT PIE FILLING BISCUIT SIDE SALAD/DRESSING GRAPE TOMATOES COOKIE/FRUIT/MILK	7 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI W. ROLL/FRUIT/ MILK	8 CHILI CARROTS/CELERY CHEESE/W. CRACKERS CINNAMON ROLL FRESH FRUIT/MILK	9 ENCHILADA CHIPS AND SALSA CORN FRUIT CRISP MILK	10 PULLED PORK W/BUN BBQ SAUCE POTATO WEDGES COUNTRY GREEN BEANS CAKE/MILK
13 CHILI DOG W/BUN CHIPS COLESLAW FRUIT PIE MILK	14 SWEET & SOUR MEATBALLS FRIED RICE BROCCOLI WHEAT ROLL ORANGE/MILK	15 HAM SALAD W/ CROISSANT POTATO SALAD SIDE SALAD W/DRESSING FRUIT/MILK	16 GOULASH COUNTRY GREEN BEANS WHEAT ROLL SIDE SALAD W/DRESSING COOKIE/MILK	17 FISH MAC & CHEESE PEAS & CARROTS CORNBREAD JELLO CAKE/MILK
20 BISCUIT & GRAVY HASHBROWN SAUSAGE CINNAMON ROLL FRUIT/MILK	21 MEATLOAF (KETCHUP) MASHED POTATOES W/GRAVY CALIFORNIA BLEND WHEAT ROLL APPLE/MILK	22 HAM & CHEESE HOAGIE TOMATO, LETTUCE, PICKLES CHIPS COLESLAW STRAWBERRY SHORTCAKE MILK	23 FRIED CHICKEN BAKED POTATO W/SC CARROTS WHEAT BREAD COOKIES/FRUIT MILK	24 TUNA SALAD W/CROISSANT PASTA SALAD TOMATO SLICES SIDE SALAD W/DRESSING JELLO/MILK
27 SLOPPY JO W/W. BUN POTATO WEDGES BAKED BEANS STRAWBERRY SHORTCAKE/MILK	28 TACO SOUP WHEAT CRACKERS SIDE SALAD W/DRESSING SWEET CARROTS PUDDING/MILK	29 CHICKEN FRIED CHICKEN MASHED POTATOES W/ COUNTRY GRAVY PEAS WHEAT ROLL/FRUIT/MILK	30 BEEF & NOODLES MASHED POTATOES MIXED VEGETABLES WHEAT ROLL PIE/FRUIT/MILK	