

## SEPTEMBER 2024 MENU

This menu meets the nutritional guidelines required by the Kansas Department for Aging and Disability Services (KDADS).

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <b>Labor Day</b>	<b>3</b> TACO SOUP CARROTS/CELERY CRACKERS/CHEESE MIXED FRUIT/COOKIE MILK	<b>4</b> CHICKEN POT PIE FILLING W/BISCUIT TOSSED SALAD/DRESSING MIXED FRUIT JELLO/MILK	<b>5</b> MCRIB BROCCOLI SALAD POTATO WEDGE WHEAT ROLL COOKIE/PEACHES MILK	<b>6</b> TOMATO SOUP BAKED POTATO W/SC CRACKERS/CHEESE TOSSED SALAD/DRESSING BLUEBERRY COBBLER MILK
<b>9</b> FRIED CHICKEN BAKED POTATO W/SC BAKED BEANS WHEAT ROLL/PIE/MILK	<b>10</b> HOT BEEF W/ MASHED POTATOES CORN ON COB BISCUIT ORANGES/MILK	<b>11</b> TUNA SALAD W/CROISSANT CHIPS TOMATO SLICES PASTA SALAD PINEAPPLE/MILK	<b>12</b> BBQ MEATLOAF MAC & CHEESE BROCCOLI WHEAT ROLL MIXED FRUIT/MILK	<b>13</b> CHICKEN FRIED STEAK MASHED POTATOES GRAVY GREEN BEANS WHEAT ROLL CAKE/MILK
<b>16</b> POPCORN SHRIMP BAKED POTATO W/SC WINTER BLEND WHEAT BREAD AMBROSIA/MILK	<b>17</b> LENTIL RED & VEGETABLE SOUP CAESAR SALAD/DRESSING WHEAT CRACKERS/CHEESE ICE CREAM/PEACHES MILK	<b>18</b> CHILI DOG W/ BUN CHIPS COLESLAW COOKIES MIXED FRUIT MILK	<b>19</b> CHEF SALAD HAM/CHEESE/EGG/ CROUTONS CUCUMBERS/TOMATOES DRESSING CHOCOLATE CAKE/MILK	<b>20</b> MEATBALL SUB W/ CHEESE POTATO SALAD GREEN BEANS APPLESAUCE MILK
<b>23</b> TURKEY & CHEESE HOAGIE PICKLES/CHEESE/LETTUCE/ TOMATO CHIPS COLESLAW FRUIT CUP/MILK	<b>24</b> TACO SALAD LETTUCE/CHIPS/TOMATOES SC/CHEESE/SALSA REFRIED BEANS COOKIES/BANANA/MILK	<b>25</b> HAM SALAD WHEAT CRACKERS MACARRONI SALAD COTTAGE CHEESE TOMATO SLICES CINN ROLL/ MILK	<b>26</b> PULLED PORK W/BUN BBQ SAUCE/PICKLE MAC & CHEESE BAKED BEANS FRUIT COBBLER/MILK	<b>27</b> BEEF AND NOODLES MASHED POTATOES TOSSED SALAD/DRESSING BREADSTICK MIXED FRUIT/MILK
<b>30</b> CLAM CHOWDER BISCUIT/HONEY TOSSED SALAD W/DRESSING PINEAPPLE/MILK			Pioneer Center-985-2296 Keenage Center-989-3501 Highland-442-5550 LEISURE HOUR- 913-365-2409	A DONATION OF \$5.00 is Requested if over 60 if Under 60 please pay \$7.00 The actual cost of the meal