

OCTOBER 2024

This menu meets the nutritional guidelines required by the Kansas Department of Aging & Disability Services (KDADS).

Monday	Tuesday	Wednesday	Thursday	Friday
<p>A DONATION OF \$5.00 is Requested if over 60 if Under 60 please pay \$7.00</p> <p>The actual cost of the meal</p>	<p>1</p> <p>HAM & CHEESE HOAGIE PICKLES/LETTUE/TOMATO CHIPS CUCUMBER ONION SALAD COOKIE/FRUIT MILK</p>	<p>2</p> <p>BEEF STEW TOSSED SALAD/DRESSING PEAS BISCUIT MIXED FRUIT/MILK</p>	<p>3</p> <p>BISCUIT & GRAVY SAUSAGE HASHBROWN CINNAMON ROLL FRUIT/MILK</p>	<p>4</p> <p>BAKED POTATO SOUP CRACKERS/CHEESE TOSSED SALAD/DRESSING BLUEBERRY COBBLER MILK</p>
<p>7</p> <p>CHILI DOG COLESLAW POTATO SALAD COOKIE/PEACHES MILK</p>	<p>8</p> <p>CHICKEN N DUMPLINGS FRENCH CUT GREEN BEANS TOSSED SALAD/DRESSING PIE MILK</p>	<p>9</p> <p>ENCHILADA CHIPS & SALSA CORN CAKE MIXED FRUIT/MILK</p>	<p>10</p> <p>BROCCOLI & CHEESE SOUP WHEAT CRACKERS TOSSED SALAD/DRESSING JELLO W/FRUIT MILK</p>	<p>11</p> <p>POPCORN SHRIMP BAKED POTATO W/SC CREAMED PEAS CORNBREAD AMBROSIA MILK</p>
<p>14</p> <p>NO MEAL</p>	<p>15</p> <p>LENTIL RED & VEGETABLE SOUP SALAD W/DRESSING CRACKERS/CHEESE ICE CREAM/PINEAPPLE MILK</p>	<p>16</p> <p>CATFISH BAKED POTATO W/SC CARROTS WHEAT BREAD AMBROSIA MILK</p>	<p>17</p> <p>MCRIB CORN BROCCOLI ROLL APPLESAUCE MILK</p>	<p>18</p> <p>CHILI CRACKERS/CHEESE CELERY/CARROTS CINNAMON ROLL MILK</p>
<p>21</p> <p>MEATLOAF HASHBROWN CASSEROLE PEAS & CARROTS WHEAT BREAD FRUIT/COOKIE MILK</p>	<p>22</p> <p>CHICKEN & NOODLES MASHED POTATOES BROCCOLI & CAULIFLOWER CINNAMON ROLL MIXED FRUIT/MILK</p>	<p>23</p> <p>CHEF SALAD W/HAM TOMATOES/EGGS/CUCUMBERS CHEESE/ DRESSING/CROUTONS JELLO CAKE MILK</p>	<p>24</p> <p>PULLED PORK W/BUN BBQ SAUCE/PICKLE SPEAR MAC & CHEESE BAKED BEANS FRUIT COBBLER MILK</p>	<p>25</p> <p>TURKEY & CHEESE HOAGIE RELISH PLATE CHIPS COOKIE MIXED FRUIT/MILK</p>
<p>28</p> <p>FRIED CHICKEN HASHBROWN CASSEROLE CARROTS WHEAT BREAD FRUIT CRISP/MILK</p>	<p>29</p> <p>SLOPPY JO W/BUN COLESLAW BAKED BEANS JELLO/MILK</p>	<p>30</p> <p>TUNA SALAD W/LETTUCE LEAF/ COTTAGE CHEESE TOMATO SLICES WHEAT CRACKERS FRUIT CUP/MILK</p>	<p>31</p> <p>CHICKEN FRIED CHICKEN TWICE BAKED POTATO GREEN BEANS WHEAT ROLL OCTOBER BIRTHDAY CAKE MILK</p>	<p>Pioneer Center-985-2296 Keenage Center-989-3501 Highland-442-5550 LEISURE HOUR- 913-365-2409</p>

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