		October 2023		1
2	3	4	5	6
FRIED CHICKEN	PULLED PORK W/BUN	HAMBURGER W/BUN	SWEET& SOUR MEATBALLS	TUNA SALAD W/CROISSAN
HASHBROWN CASSEROLE	BAKED BEANS	RELISH PLATE	RICE	PASTA SALAD
CARROTS	TOSSED SALAD	POTATO WEDGE	FRENCH G. BEANS	3 BEAN SALAD
WHEAT BREAD	FRUIT CUP	COLESLAW	ROLL	FRUIT CUP
JELLO CAKE/MILK	MILK	MIXED CRISP/MILK	MANDARIN ORANGE/MILK	STRAWBERRY SHORTCAKE MILK
9	10	11	12	13
NO MEALS	BBQ CHICKEN LEG	CHILI/CHEESE	CHEF SALAD W/HAM	ENCHILADA
	BAKED POTATO	CRACKERS/RELISHES	EGGS/TOMATOES/CHEESE/	CHIPS & SALSA
	GREEB BEANS	FRUIT	CUCUMBERS	CORN
	BREAD	CINNAMON ROLL	DRESSING	COOKIE
	FRUIT/MILK	MILK	CRACKERS/DRESSING FRUIT CUP/MILK	MILK
16	17	18	19	20
SLOPPY JO/BUN	HAM & BEANS	CHICKEN & NOODLES	MEATLOAF	POLISH SAUSAGE W/BUN
POTATO SALAD	COOKED CABBAGE	MIXED VEGETABLE	BAKED POTATO W/SC	CHIPS
CORN	CORNBREAD	MASHED POTATOES	BROCCOLI	MACARONI SALAD
CAKE	FRUIT	BREAD	ROLL	PEACHES
MILK	COOKIE/MILK	FRUITED JELLO	APPLESAUCE	PIE
		MILK	MILK	MILK
23	24	25	26	27
TACO SALAD	CHICKEN SANDWICH	CATFISH	MCRIB	CHILI DOG W/BUN
LETTUCE/CHEESE/SALSA	COLESLAW	BAKED POTATO	CREAMED PEAS & POTATOES	TOSSED SALAD
TOMATOES/CHIPS	CORN	CARROTS	BROCCOLI SALAD	POTATO SALAD
SOUR CREAM	APPLESAUCE	BREAD	ROLL	COOKIE
ICE CREAM/FRUIT	CHOCOLAE PIE	FRUIT/PUDDING	FRESH FRUIT	FRUIT/MILK
MILK	MILK	MILK	MILK	
30	31			
BEEF N NOODLES	GOULASH		Pioneer Center-985-2296	A DONATION OF \$5.00 is
BISCUIT	TOSS SALAD		Keenage Center-989-3501	Requested if over 60 if
GREEN BEANS	CARROTS		Highland-442-5550	Under 60 please pay \$7.00
FRUIT	BREAD		LEISURE HOUR-	The actual cost of the mea
COOKIE/MILK	APPLE CRISP/MILK	1	913-365-2409	