



Health Dept./Home Health
Prevent. Promote. Protect.

Doniphan County Health Dept./Home Health Isolation and Quarantine Guidance for Students and Staff for COVID-19

When a Student or Employee Should Stay Home from School



1. **Students and employees exhibiting symptoms of COVID-19** without other obvious explanations, are prohibited from coming to school or childcare. **STAY HOME IF YOU ARE SICK.** If a student or employee comes to school with COVID-19 symptoms, they will be sent home immediately. School district employees and parents should be familiar with current COVID-19 symptoms:

- Fever (100.0 degrees F or higher)
- Chills, Rigors (shivering/shaking)
- Muscle or body aches
- Fatigue
- Headache
- Sore Throat
- Cough, Shortness of breath, difficulty breathing
- New loss of taste or smell
- Diarrhea, abdominal pain, or vomiting



2. **A student or employee has tested positive for COVID-19.**
 - If a student or employee has tested positive for COVID-19 the parent must notify the school of the positive result. **The school should notify the Doniphan County Health Dept./Home Health of the positive result.**
 - COVID-19 confirmed positive cases must be excluded from school and isolate at home for 10 calendar days since symptoms first appeared and remain fever-free for 72 hours without the use of fever reducing medication, whichever period is longer.
3. A student or employee **who has been tested for COVID-19 and is awaiting test results** is considered a presumptive positive case and **MUST STAY HOME** and isolate until results come back. If results are negative, the person in question may return to school if they are symptom/fever-free. (Insert your school policy if different from highlighted area)
4. Other students and employees in the **household of a positive case or who has been exposed** to a known case of COVID-19.
 - If a student or employee is excluded from school because of a positive COVID-19 test, other students, children, and employees living in the same household are considered close contacts and will be excluded from school for a mandatory 14-day quarantine period, which begins after their last exposure to the confirmed/positive case.
 - If the household contact continues to live in the same household as the positive case while the positive case is in isolation, the 14-day quarantine period for the household contact(s) begins, once the case is released from isolation by the Doniphan Co. Health Dept./Home Health. That means the household contact may need to remain home longer than the initial case.
 - If a student or employee has otherwise been identified by the Doniphan Co. Health Dept./Home Health or the school nurse, as a close contact (within 6ft for longer than 10 minutes), they must be excluded from school/childcare/work for a mandatory 14 day quarantine period.



5. **Travel- Related quarantine**
 - A student or employee has recently traveled from a location on the Kansas Department of Health and Environment (KDHE) travel-related quarantine list, they are subject to a mandatory 14-day quarantine starting from the day after they return to Kansas. The current list of locations can be found here: <https://www.coronavirus.kdheks.gov/175/Travel-Exposure-Related-Isolation-Quaran>

Contact Numbers

Doniphan Co. Health Dept./Home Health - 785-985-3591
Riverside Wathena – 785-989-4425 Elwood- 913-365-6735

D-West Jr./Sr. High – 785-442-3286 Elem. – 785-359-6526
Troy – 785-985-3950



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Return to school after exclusion



- Untested, with symptoms:** Person who have not received a test proving or disproving the presence of COVID-19, but experience symptoms, may return if the following conditions are met:
 - 10 calendar days have passed since symptoms first appeared.
 - Fever free for 72 hours without the use of fever reducing medication, whichever is longer.
- Positive result:** Positive cases may return if the following conditions are met:
 - 10 calendar days have passed since symptoms first appeared, fever free for 72 hours without the use of fever reducing medication, whichever is longer.
 - If asymptomatic (no symptoms), cases may return if 10 calendar days have passed since the date the sample was collected and no symptoms have developed.
- Negative Result:**
 - People who are identified as close contacts of a COVID-19 case or have traveled from a location on the KDHE travel-related quarantine list must be quarantined for 14 days. A negative test result within the 14-day quarantine period does not affect the quarantine period and the person must finish their 14-day quarantine.
 - People who have not been identified as a close contact to a COVID-19 case and have not traveled from a location on the KDHE travel-related quarantine list may return to school or work.
- Tested and awaiting results:** Persons who are suspected of having COVID-19 disease and are awaiting test results should be isolated at home until test results are received.
 - Once results come back, follow the corresponding instructions above for a positive result.

Testing Sites for COVID-19 for Doniphan County Residents:

Each testing site has their own criteria for testing. Please call to see if you are eligible for testing.

You can also call your primary care physician.



Doniphan Co. Health Dept./Home Health- 785-985-3591- FREE TESTING

Hiawatha Hospital -785-742-6448

Atchison ER- 913-367-2131

Mosaic Life Care - 800-443-1143 ask for the ER

Northwest Health Triage- 816-596-2301

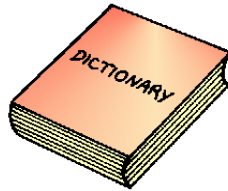
Urgent Care Express- 816-396-9500





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COVID-19 Case Definitions

Asymptomatic: presenting no symptoms of disease.

Confirmed positive case: A certified laboratory approved positive COVID-19 test in an individual.

Contact tracing: identifying and monitoring people who may have come into contact with an infectious person.

COVID-19: COVID-19 stands for novel coronavirus disease 2019, which refers to the year of its initial detection. COVID-19 is the illness related to the current pandemic; the illness is caused by the virus SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2).

Close contact: an individual that has come in contact for more than 10 minutes and within 6 feet of a person that is confirmed to have COVID-19.

Exposure: When you are within six feet of someone who is showing symptoms of COVID-19, for at least 10 minutes.

Isolation: Isolation involves separating people who are sick and have tested positive for COVID-19 from people who are not sick.

Incubation period: The amount of time it takes for an infected person to start showing symptoms of illness after exposure. In the case of COVID-19, the incubation period is thought to be between 2-14 days.

Presumptive positive case: an individual who has tested positive for COVID-19 by a local public health lab, but whose results are awaiting confirmation from the CDC.

PUI: person under investigation, or a PUI, is an individual who is suspected of potentially having COVID-19.

Social distancing: the act of remaining physically apart to reduce transmission of COVID-19. Social distancing can include a move to remote work, the cancellation of events and remaining at least six feet away from other individuals.

Symptomatic: showing symptoms of COVID-19.

Quarantine: Quarantine refers to restricting the movement of people who were exposed to the virus but are not sick, to see if they become sick.